

ARMED FORCES DISPATCH



San Diego Navy/Marine Corps Dispatch

www.armedforcesdispatch.com

619.280.2985

SIXTY-SIXTH YEAR NO. 12

SEPTEMBER 8, 2026

Serving active duty and retired military personnel, veterans and civil service employees



JUST ANOTHER DAY IN THE JUNGLE Army Staff Sgt. Devin Nobles handles a snake during jungle survival training as part of Super Garuda Shield at Baturaja Combat Training Center, Indonesia, Sept. 1, 2026. The exercise between U.S. military and Indonesian National Armed Forces was designed to strengthen bilateral interoperability, capabilities and cooperation. U.S. Army photo by Sgt. Austin Steinborn

September military observances

U.S. Air Force Birthday — September 18

The United States Air Force was established as an independent military service on September 18, 1947. The anniversary recognizes the Air Force's history and its continuing role in defending the United States through air, space, and cyberspace operations.

National POW/MIA Recognition Day — September 18

Observed annually on the third Friday in September, this day honors American service members who were prisoners of war or remain missing in action. Ceremonies across the nation recognize their sacrifice and reaffirm the commitment to account for those who have not returned home.

Gold Star Mother's and Family's Day — September 27

Observed on the last Sunday in September, Gold Star Mother's and Family's Day honors families who have lost loved ones in service to the United States. The day recognizes the extraordinary sacrifice made not only by service members but also by the families they leave behind.

National VFW Day — September 29

National VFW Day recognizes the Veterans of Foreign Wars and the organization's longstanding service to America's veterans, active-duty personnel, and military families. It also honors veterans who served the nation in conflicts and military operations outside the United States.

Suicide Prevention Month — All September

September is recognized nationally as Suicide Prevention Month, with military and veteran organizations placing special emphasis on awareness, intervention, and connecting people with support. The observance encourages individuals and communities to look out for one another and seek help when needed.

National Preparedness Month — All September

National Preparedness Month encourages individuals, families, and communities to prepare for natural disasters, emergencies, and other unexpected events. Preparedness is particularly important to military families, who may face deployments, relocations, and emergencies while separated from loved ones.

National Service Dog Month — All September

National Service Dog Month recognizes the important contributions of service dogs that assist people with disabilities and other challenges. The observance also highlights dogs that support wounded warriors, veterans, and members of the military community.

National Hispanic Heritage Month Begins — September 15 Runs through October 15 and celebrates the histories, cultures, and contributions of Hispanic Americans. The observance also recognizes the generations of Hispanic Americans who have served with distinction in the United States Armed Forces.

VISITING NURSES STILL MAKING HOME VISITS AFTER 103 YEARS

by Scott Sutherland
staff writer

Since 1904, Navy-Marine Corps Relief Society has been an important tool to help active duty and retired Sailors, Marines, and their families.

Not long after its inception, they started making home visits under the Visiting Nurse Program - reaching out to families wherever those military members or their families are.

As a NMCRS visiting nurse for over 20 years, Luz Florencio has a full resume - in-home and virtual visits to active duty and retired Sailors,

Marines, and their families, navigating them through health and wellness needs, in-person and virtual childbirth education classes, to name a few.

A native of the Philippines and a spouse of a retired Navy servicemember, Florencio brings a deep understanding of trials and tribulations of her job.



Luz Florencio. Facebook screenshot

Armed Forces Dispatch talked to her about the program.

Q: If you had two minutes to speak to a group of San Diego Navy families, what would you say?

A: First and foremost, you don't have to navigate everything on your own. Military families are incredibly resilient, but that doesn't mean you shouldn't ask for support when you need it. That's especially important in San Diego, where so many Sailors and Marines are balancing demanding assignments with raising children, deployments, caregiving responsibilities and all the transitions that come with military life. Many families are also thousands of miles away from parents, grandparents and the people they would ordinarily turn to for advice or reassurance.

Q: What was your best "success story" while doing home visits?

A: One visit that stays with me involved a first-time expectant mother who was preparing for childbirth while also navigating a language barrier. She understood some English, and her husband helped with interpretation during our visit. As a first-time parent, she had questions about what to expect during labor and was experiencing some understandable anxiety about childbirth. We spent time talking through the stages of labor, different birthing positions and techniques she could use to help cope with discomfort.

I demonstrated exercises and positioning that could help during labor and also provide some relief from the back discomfort she was experiencing. By the

see NMCRS, page 4

CENTCOM destroys 3 IRGC oil tankers after Iran targets 2 U.S. Navy warships

USCENTCOM

TAMPA - U.S. Central Command forces struck three Iranian crude oil carriers, Sept. 5, after the Islamic Revolutionary Guard Corps (IRGC) launched ballistic missiles toward two U.S. Navy warships patrolling regional waters. A U.S. aircraft carrier and destroyer successfully evaded multiple unprovoked Iranian attacks. No American personnel were harmed. Following Iran's failed attacks, CENTCOM permanently disabled IRGC crude oil carriers M/T Downy off the coast of Kharg Island and M/T Stark 1 near Jask. American forces also completely destroyed unladen crude oil carrier M/T Kylo (also known as the "Noxen") in the Gulf of Oman, striking the vessel in multiple critical locations to render it inoperable after the crew was directed to abandon ship. The three Iranian crude oil tankers are part of a multibillion-dollar shadow network that funds the IRGC and its regional proxies. Iran has no means by which to defend them. "Let the message to the IRGC be clear: If you shoot at two of our ships, we will impose an even higher economic cost — taking out three of yours," said Adm. Brad Cooper, CENTCOM commander. "We will not hesitate to defend American forces, and if necessary, destroy Iran's limited and exposed oil fleet."

Read the Dispatch on line!

Read us online any time at

www.afdispatch.com

PRSR STD
ECRWSS
U.S. POSTAGE
PAID
EDDM RETAIL

Local
Postal Customer

**WELCOME HOME
TO OUR RETURNING
SAILORS & MARINES**

GPS-free test flight marks critical advance for aviation, national security

by Defense Innovation Unit Staff

The Defense Innovation Unit's latest quantum sensing milestone shows aircraft can safely and accurately navigate vast stretches of ocean without relying on the same GPS that millions of civilians use to move through traffic.

The groundbreaking flight test was a success for MagNav, DIU's magnetic navigation program, and is a critical advancement for the future of aviation and national security.

"This is a significant win for the quantum sensing priorities, showcasing that MagNav capabilities are no longer a distant research goal," said Kyle Norman, deputy director of DIU's Kill Web portfolio. "We moved from problem sourcing to solicitation to prototype in a matter of months."

The MagNav program launched in spring 2024 under the name "Transition of Quantum Sensing." A total of 72 companies submitted applications to the commercial solutions opening, with Honeywell Aerospace ultimately selected to move forward with prototype development.

MagNav systems use quantum

sensors to read the Earth's natural magnetic field, turning the planet's crust into an invisible, un-j a m m a b l e map that allows pilots to navigate safely regardless of weather, time of day or GPS availability.

The Earth's magnetic field cannot be spoofed or blocked by hostile forces, Norman said. The new technology also significantly improves on legacy backup options such as radar mapping or visual cues like rivers, highways and cities.

The system was installed aboard an Embraer 170 aircraft to demonstrate real-world capabilities. The route took the aircraft over the Pacific Ocean, from Seattle's Puget Sound to southern Alaska and back.

After four hours and 23 minutes of flying over the ocean without GPS, the MagNav system improved position accuracy by 89



A MagNav system was installed on an Embraer 170 aircraft and was tested during a flight over the Pacific Ocean from Seattle's Puget Sound to southern Alaska and back. Photo by Defense Intelligence Agency

percent compared to traditional backup navigation methods. The navigation data streamed directly to the pilots in real time via standard tablets, showing that military personnel can field the technology without a massive overhaul of cockpit instruments.

The test mission also added the Hawaii Guard supports Tropical Cyclone Lala response

HONOLULU – The Hawaii National Guard recently concluded its response operations on Kauai and Oahu following the impacts of Tropical Cyclone Lala, while Soldiers and Airmen continue supporting recovery efforts on Hawaii Island and Maui. At the height of the response, as many as 250 Hawaii National Guard Soldiers and Airmen were activated to support state and county emergency management agencies and provide critical capabilities to communities affected by the storm. "Our Soldiers and Airmen answered the call to service, putting community first in support of response and recovery efforts during Tropical Cyclone Lala," said Maj. Gen. Stephen Logan, adjutant general of the Hawaii National Guard.

complexity of the ocean surface — a featureless, constantly shifting expanse that would traditionally require internal sensors in the absence of GPS.

The problem, however, is that classical sensors drift over time. What starts as a small miscalculation can become a massive, dangerous deviation if left unchecked. By reading the Earth's magnetic signatures, MagNav gives pilots a highly accurate, continuous map even when no visible landmarks exist.

By proving that aircraft can maintain pinpoint accuracy over the featureless ocean without GPS, the War Department is taking a significant step toward ensuring that military and commercial pilots can safely reach their destinations, no matter what happens to the satellite networks above them.

Man On The Street

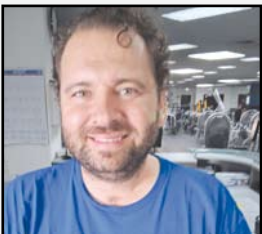
Three things you do better than most people.



"I'm very observant. Family oriented. Peaceful soul." FCC Perry Little Rialto, Calif.



"Talk a lot. Smarter than most. Good hostess." Janelle Golden Imperial Beach



"Play guitar. Ballroom dancing. Deescalate a tense situation." Brian Turner Los Angeles



"Communication. Hand writing. Cooking." Nguyen Le Ho Chi Minh City, Vietnam



"Trivia. Video games like Civilization. Darts." RPSA Ethan Mearles Brockton, Mass.

Where All Your Pipe Dreams Come True!
www.edhansonmuffler.com Proudly serving our Military since 1985!

ED HANSON'S MUFFLER SERVICE

10% Off MILITARY DISCOUNT (up to \$50 for active & retired) with valid ID.

3916 N. Barcelona SPRING VALLEY, 91977

*Factory *Custom *Repairs *Complete Replacements (619) 698-7030

FREE INSPECTION

VA Disability Claim Denied? Know Your Rights and Don't Take "No" for an Answer!

Don't Risk a Permanent Denial and Lose Back Pay

Call the Professional Advocates Today!

No Fees Unless You Win - Free Consultation

800-921-0310

www.VetDisabilityAid.com

LIKE US ON FACEBOOK

A THOROUGHLY MODERN WAY TO KEEP UP WITH YOUR COMMUNITY THROUGH THE ARMED FORCES DISPATCH.

GET THE LATEST NEWS, PHOTOS AND ADVERTISING SPECIALS.

DISPATCH

Armed Forces Dispatch Newspaper

Places of Worship

B ayview Church Attract...Assimilate...Activate Terry W. Brooks, Sr. Pastor 6134 Pastor Timothy J. Winters St., San Diego 92114 • (619) 262-8384 Sunday Worship Services 7:30am, 9:15am, 11:15am Studies In Christian Living (formerly Sunday School) Tues & Thurs online only 6pm (contact Church for sign up). In person Saturday 9am & 10am www.bayviewbc.org info@bayviewbc.org	F irst Baptist Church of Coronado "Reach Up, Reach Out, Reach Our World" Jim W. Baize, Pastor www.fbcoronado.com Sunday Adult Bible Study 8:45am, Sunday Worship Service 10am Meeting in person and online on YouTube or Facebook FB: First Baptist Church of Coronado email: secretary@fbcoronado.com 445 C Ave., Coronado, CA 92118 (619) 435-6588	M t. Zion Missionary Baptist Church San Diego "Teamwork Makes the Dream Work" - Nehemiah 4:1-6 Join us for worship services: Sunday School 9:30am, followed by Morning Worship at 11am Rev. Dennis Ray Anderson, D. Min., Pastor 3045 Greely Ave., San Diego, CA 92113 619-233-3296 - office
B ethany Lutheran Church Lutheran Church - Missouri Synod 2051 Sunset Cliffs Blvd., Ocean Beach 92107 (Parking lot off the Alley - North of the building) Worship 11am Sundays Bible Class, Wednesdays 10am (619)222-7291 Office@BethanyLutheranOB.org	M esa View Baptist Church Dr. Darrow Perkins, Jr., Th.D. Pastor/Servant CWO3, USMC (Ret.) Seeking Sinners; Saving Souls; Strengthening Saints Sunday School at 8:45am • Morning Worship at 10am Wednesday Night Bible Study 7pm 13230 Pomerado Rd., Poway • 858-485-6110 • www.mesaview.org	S outhwest Baptist Church "To know Christ and to make Him known" Welcome All Retired Military/Chaplain as Pastors Sunday Bible Study: 9:30am Sunday Worship Service: 11am Wednesday Prayer Service: 7pm 2295 Leon Avenue, San Diego, CA 92154 Phone: (619) 423-2477 Email: pastor@swbcscd.org www.swbcscd.org
C hrist Community Church "Helping people love God, find community and make a difference" Sunday services at 8:45am and 10:30am Children's ministry for all kids. Life groups for teens and adults. 9535 Kearny Villa Rd. Mira Mesa, 92126. Just off I-15 and Miramar Rd. More Info: www.gotoChrist.com	M ilitary Outreach Ministries Int'l Church "Supporting all families, all people, at all times" Dr. Dennis Eley, Jr, Th.D., MBA Sunday Worship Service 12:30-2:30pm in person Thirsty Thursday Bible Study 7-8pm (on Zoom) Location: Murphy Canyon Chapel, 3200 Santo Road, San Diego, 92124 619-733-0621 • www.militaryoutreachministries.org	S t. Luke's Lutheran Church 5150 Wilson Ave., La Mesa, CA 91942 Phone: (619) 463-6633 website: www.st-lukes-la-mesa.org Worship: 9am Pastor: Mark Menacher, PhD. We thank you for your service!

Place your ad in our 'Places of Worship' directory....as low as \$15 per week!



Top 5

- Pentagon temporarily rescinds guidance on testosterone screening for U.S. troops
- Vance: U.S. probing airstrike that Iran says hit a wedding party
- Pentagon expands hormone screening guidance to include female service members
- Vance says Iran fight isn't a 'war' as Trump tries to navigate unpopular conflict as election nears
- Shopping to bar-hopping: USS Abraham Lincoln Sailors unwind in Thailand after 250-day voyage

Your Military

- Court overturns 2023 ruling that wiped Bowe Bergdahl's conviction

Army

- Fort Knox Soldier identified after fatal motor pool accident

Navy

- The three foreign frigates being studied for possible U.S. Navy service

Marine Corps

- Marines test next-gen combat utility uniforms
- Marine Corps plans to use 3D scanners to detect cracked body armor

Air Force

- Air Force uses C-130Js to deliver relief supplies, equipment to Nepal after flash floods

Defense Industry

- U.S. Army launches laser production with \$465M contract award
- Defense firms soar on ample military spending, testing manufacturing schemes

Ukraine

- Shootout in Kyiv between Ukrainian spy services 'disgraceful', says Zelenskyy
- Ukrainian sea drones strike Russian Black Sea resort town of Sochi for the first time

International

- South Korea prepares Hormuz military deployment, media reports say

Quantum leap in lethality: How Flight III destroyers are redefining surface warfare

by Ensign Carmen Iman
Naval Surface Force
Pacific Fleet

The Navy is undergoing its most significant technological transformation to the Arleigh Burke-class guided missile destroyer (DDG) by introducing the Flight III variant to the Surface Fleet.

Flight III represents a revolutionary shift rather than a simple incremental upgrade, essentially a new type-model warship. With two Flight III destroyers delivered, and another 23 currently under contract or in construction at major U.S. shipyards, this capability is transforming how Navy crews operate and project power.

Guided-missile destroyers are the backbone of the Navy's Surface Fleet. They conduct a variety of operations ranging from peacetime presence to national security and crisis response.

As threats in contested environments grow increasingly complex, the Flight III is adapted for this fight with integrating technology such as the AN/SPY-6(V)1 Air and Missile Defense Radar and the Aegis Baseline 10 weapons system, ultimately making it the most advanced and lethal Navy warship today.

The Aegis Baseline 10, an advanced combat system built

to handle the immense data from the AMDR, the most powerful radar ever fielded on a Navy surface ship. The increased sensitivity of the radar allows the crew to detect, track and target more complex targets at a greater distance and in less time than the legacy destroyer.

This technological leap also allows a Flight III destroyer to simultaneously conduct Air Defense and BMD operations without degradation in performance, effectively performing the work of two Flight IIA ships.

For decades, Flight IIA destroyers have relied on a traditional 450-volt electrical system. While reliable, this legacy electrical grid is near capacity, leaving little room to power energy-intensive radar systems or future directed-energy weapons. The heightened sensitivity of the AMDR requires a greater demand for ship's power. The 4160-volt power grid is designed to fill these needs and leave room for future capability.

The cooling systems on the Flight III have also been upgraded to include more capable AC units and increased chilled water capacity to support the new loads required for AMDR and AEGIS.

Flight III's also contain updated gas turbine generator sets,



Arleigh Burke-class guided-missile destroyer USS Jack H. Lucas (DDG 125) transits the San Diego Bay. U.S. Navy photo by MCSA Gage Thomas

which produce 4 megawatts each and a modified steel hull to carry the weight of the new equipment and systems, displacing over 9,500 tons compared to a Flight IIA displacing approximately 9,300 tons. The lead ship in the Flight III variant, USS Jack H. Lucas (DDG 125). It will be in an air and missile defense commander role for an aircraft carrier strike group. The AMDC is responsible for defending the strike group against airborne and ballistic missile threats.

Armed Forces Dispatch

published by Western States Weeklies, Inc.

2604 B-280 El Camino Real, Carlsbad, CA 92008

619-280-2985 • E-mail: editor@navydispatch.com

Editor.....Scott Sutherland

The Dispatch is published online weekly on Thursdays, and in print on the 1st & 16th of each month by Western States Weeklies, Inc., as a commercial, free-enterprise newspaper. The editorial objective of the Dispatch is to promote support for a strong military presence. Contents of the Armed Forces Dispatch are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, the U.S. Navy or U.S. Marine Corps. The opinions and views of writers whose materials appear herein are those of the writers and not the publishers. Appearance of advertising does not constitute endorsement by the Department of Defense or any other DOD component, this newspaper, or Western States Weeklies, Inc. Subscriptions mailed USPS First Class.



**We stand ready to
serve every soldier**

We're here to help the
military community and
their families make the most
of their money.

**Our members can earn
and save \$473* per year
by banking with us.**

**Visit navyfederal.org
to join.**

NAVY FEDERAL
Credit Union
ARMY
MARINE CORPS
NAVY
AIR FORCE
SPACE FORCE
COAST GUARD
VETERANS

Our Members Are the Mission

*Dollar value shown reflects the 2025 Navy Federal Member Giveback Study, which considers internal analyses comparing Navy Federal products to industry national averages, and includes dividends earned on savings, lower loan rates, discounts, and other benefits. Individual results will vary. Image used for representational purposes only; does not imply government endorsement. © 2026 Navy Federal NFCU 14492-A (5-26)



SAN DIEGO
(Sept. 1, 2026)

Capt. Russell Caldwell, commander of Naval Surface Group Southwest, left, presents the 8010 championship belt in the middle weight category to Lt. Charlotte Meyer, chief engineer assigned to guided missile destroyer USS *Halsey* (DDG 97), during a visit to the ship at BAE Shipyard. Meyer accepted the award on behalf of *Halsey's* crew, which was recognized as one of the top-performing ships in Fire Fighting Compliance and Validation Exercises in accordance with NAVSEA 8010 Industrial Ship Safety Manual for Fire Prevention and Response. U.S. Navy photo by MC1 Sara Eshleman



Department of War contracts of note

NAVY
Huntington Ingalls was awarded a \$336,112,000 contract for advance procurement of long lead time materials to support construction of the future aircraft carrier USS William J. Clinton (CVN 82). Work will be performed in Newport News, Va., and is expected to be completed by March 2039. Naval Sea Systems Command, Washington, D.C., is the contracting activity.

General Dynamics, San Diego, was awarded a \$149,599,723 contract action for maintenance, modernization and repair of USS *Pinckney* (DDG 91) Fiscal 2026 Depot Modernization Period. The scope of this acquisition includes all labor, supervision, equipment, production, testing, facilities, and quality assurance necessary to prepare for and accomplish the Chief of Naval Operations Availability for critical modernization, maintenance, and repair programs. Work will be performed in San Diego, and is expected to be completed by September 2028. The Naval Sea Systems Command is the contracting activity.



**Change
of
commands**

Navy Expeditionary Medicine training center changes command

CAMP PENDLETON - Capt. George Brand relieved Capt. Kevin Bailey as commanding officer of the Naval Expeditionary Medicine Warfighter Development Center during a ceremony held here on Sept. 3, 2026.

Rear Adm. Kevin Brown, commander of Naval Medical Forces Pacific, presided over the ceremony, commending the NEMWDC for rapidly evolving into the cornerstone of operational readiness for Navy Medicine, bridging the gap between traditional military treatment facilities and the rigorous medical requirements of the modern warfighter operating in distributed and contested theaters.

“This is where we prepare Expeditionary Medicine teams to save lives, projecting Navy Medicine power that deters aggression and supports combat operations,” Brown said.

EODGRU-1 holds a change of command

SAN DIEGO – Capt. Jay Higgins assumed command of Explosive Ordnance Disposal Group (EODGRU) 1 from Capt. Josh Preston during a change-of-command ceremony held at Naval Amphibious Base Coronado Aug. 28, 2026.

“What stands out most about this team is our dedication to each other,” said Preston. “This has been a time period that demanded more from all of us, and I watched this team step up and rise to meet it, raising the standard for ourselves every day. I am immensely proud of the men and women I have worked alongside during my time at EODGRU-1, and I trust Capt. Higgins will continue driving our force in the right direction.”

Preston will continue to serve as commander, Mine Countermeasures Group 3 here

NMCRS
continued from page 1

end of the visit, she had practical information, educational resources and techniques she could use. I think the most meaningful part was that she and her husband had someone there in their home to listen and help them feel more prepared for what was ahead.

To me, that’s what success often looks like in the Visiting Nurse Program. Being invited into someone’s home during such an important and vulnerable time in their life is a privilege, and being able to provide that kind of reassurance is one of the most rewarding parts of being a visiting nurse.

Q: Is there anything else you’d like to add?
A: One thing we would especially want *Armed Forces Dispatch* readers to know is that the Visiting Nurse Program and Navy-Marine Corps Relief

Society is here for the Navy and Marine Corps community and asking for support is not a sign that a military family isn’t handling things well.

It’s okay to ask for help. The program exists because military life creates circumstances that are genuinely different from civilian life.

When Sailors and Marines know their families have trusted support and resources available to them, they can focus more fully on their responsibilities and their mission. Supporting military families ultimately supports the readiness of the force.

NMCRS LOCATIONS:

MCAS Miramar
Phone: (858) 307-1807
NAS North Island/
Naval Base Coronado
Phone: (619) 545-4477
Naval Base San Diego
Phone: (619) 767-6800



OPERATION MWR
SERVE PROUD. PLAY LOUD.
POWERED BY USAA

NAVAL BASE SAN DIEGO
SATURDAY, OCTOBER 10
NBSD ADMIRAL PROUT FIELD
GATES OPEN AT 5:30 P.M.
Open to DoD landholders and their guests.

The Haunted Trail



Balboa park

SEPT 25

NOV 1

HAUNTEDTRAIL.NET

Community of Heroes



Now Leasing

Active Duty, DoD, Reservists, Retirees, Veterans, Bachelors & GEO Bachelors.

Oceanside and San Clemente

760-430-5000
LIVECPEN.COM





VETERAN COMPENSATION SERVICES

VETERANS WITH LESS THAN 100% VA RATING
WE CAN HELP YOU!

- ✓ Risk-Free Consultation
- ✓ Experts in VA Documentation
- ✓ Veteran Friendly Doctors

- ✓ Over 95% Success Rate
- ✓ Thousands of Veterans Served
- ✓ Experienced A+ Rated with BBB



www.VeteranComp.com

Military may pay \$1000 for spouse professional relicensing reimbursement

Whether you're relocating to a new duty station, returning to the workforce, or looking to advance your professional journey, building a mobile career as a military spouse comes with unique challenges.

The Department of War Military One Source program formerly known as Spouse Education and Career Opportunities, or SECO, has officially changed its name to SpouseWorks. While the name is new, the commitment to military spouses remains unchanged. SpouseWorks brings together all the trusted tools, financial resources,

and career coaching you rely on into one unified, easy-to-use hub.

Each service branch will help reimburse licensure costs that come up when spouses PCS. Because of the delays and expenses involved in relicensing, many states and the federal government have taken steps to make it easier for military spouses to transfer their credentials.

Get reimbursement for relicensure and recertification costs. The 2018 National Defense Authorization Act allows each service branch to reimburse spouses up to \$1,000 for

associated costs when transferring a license or certification resulting from relocations or PCS moves that cross U.S. state lines.

See if your license will travel with you. Agreements between states and efforts to standardize occupational licenses may save you time and costs.

Military spouses can easily access these SpouseWorks tools online through the militaryonesource.mil. The updated names bring clarity and streamlined navigation to the programs you already know:

SpouseWorks Scholarship (formerly MyCAA): Eligible spouses

can access up to \$4,000 in tuition assistance for licenses, credentials, or associate degrees tied to portable career fields.

SpouseWorks Fellowship (formerly Career Accelerator): Gain hands-on professional experience with paid or direct-placement opportunities hosted by partner employers.

Military Spouse Employer Partnership (formerly MSEP): Connect directly with hundreds of companies committed to recruiting, hiring, and advancing military spouse talent.

SpouseWorks Career Coaching Support: Access free, one-on-one expert career coaching for resume reviews, interview prep, and personalized job search guidance.

The U.S. Marine Corps Family Member Employment Assistance Program (FMEAP) and U.S. Navy Family Employment Readiness Program (FERP) staffs stand ready to help spouses continue their careers or find new opportunities. You don't need to navigate your career search alone. Your local installation Em team acts as your on-the-ground advocate. While SpouseWorks connects you to nationwide employer networks and federal scholarship tools, your local team specialists provide personalized, local support:

Local Installation Expertise: One-on-one career counseling, local employer connections and job leads, and local networking events tailored to your duty station.

Hands-On Workshops: In-person guidance on federal resume writing, interview techniques, and career transition strategies.

DOJ reaches agreement in lawsuit alleging discrimination against servicemember

Department of Justice Office of Public Affairs
The Justice Department's Civil Rights Division recently reached a settlement agreement with the Kansas Department of Health and Environment to resolve allegations that KDHE violated the Uniformed Services Employment and Reemployment Rights Act of 1994 when it stopped funding Army National Guard Staff Sgt. Stacy Gonzales's civilian job due to her upcoming military deployment. This settlement agreement resolves the suit filed by the U.S. against KDHE on behalf of Gonzales in the U.S. District Court for the District of Kansas on June 27, 2022.

"No servicemember should lose her civilian job because of her service in the National Guard," said Assistant Attorney General Harmeet K. Dhillon of the Justice Department's Civil Rights Division. "The Department is proud to vindicate servicemembers' rights under USERRA and will continue to ensure that they can serve our country without fear of losing their civilian jobs because of their service."

The settlement agreement resolves Gonzales's claim that KDHE violated USERRA when it eliminated grant funding for her position as a Disease Intervention Specialist with the Finney County, Kansas, Department of Health, a position under the direct control and supervision of KDHE, when Gonzales told them she would be deploying. As part of the settlement agreement, KDHE will pay Gonzales \$35,000. The settlement agreement also requires KDHE to update its USERRA policies and procedures and to train all KDHE employees, including those through grant funding, on those updated policies and procedures.

USERRA protects the right of uniformed servicemembers to reemployment in their civilian jobs following absences due to military service obligations and provides that servicemembers shall not be discriminated against because of their military obligations. Additional information about USERRA can be found on the Justice Department's website at www.justice.gov/servicemembers.

JOB OPPORTUNITIES/SAN DIEGO REGION

Join the team! Check out the current Fleet & Family Readiness job openings.

The FFR workforce offers a wealth of expertise from which they recruit and develop leaders. Grow professionally and reach your full potential with Navy FFR. View the current openings below.
<https://www.navylifew.com/careers>

Performance Dietitian
San Diego
\$86,000 - \$100,000
Per Year
Sept. 12, 2026

MWR Automotive Mechanic
San Diego,
\$25.77 - \$27.92
Per Hour
Sept. 13, 2026

Supervisory Recreation Specialist
Point Mugu
\$66,784 - \$70,958
Per Year
Sept. 13, 2026

Custodial Worker/ Housekeeper
Point Loma Complex
\$38,939 - \$42,194
Per Year
Sept. 14, 2026

CYP Child and Youth Program Assistant
NMCS
\$45,429 - \$57,052
Per Year
Sept. 16, 2026

FFSP Deployed Resiliency Counselor
Coronado
\$124,500 - \$124,500
Per Year
Sept. 16, 2026



10 MBA SPECIALIZATIONS, EACH ABOUT \$10K

FOR ELIGIBLE MILITARY STUDENTS

SUCCEED AGAIN

The affordable online Master of Business Administration (MBA) at University of Maryland Global Campus (UMGC) lets you study while you serve and tailor your program toward the career you want.

- An accredited MBA that eligible servicemembers & their spouses & dependent children can earn in as few as 16 months for about \$10K
- Specializations in cybersecurity technology, data analytics, finance, HR management, marketing, project management & more
- No-cost lifetime career services
- Online & hybrid courses available

MBA CLASSES START SEPTEMBER 16.
UMGC.EDU | 619-550-1537



UNIVERSITY OF MARYLAND GLOBAL CAMPUS
AT YOUR SERVICE SINCE 1947

CLASSIFIED ADS

ARMED FORCES DISPATCH CLASSIFIEDS

To place your ad, please call
our Classified Advertising
Department (619) 280-2985.

DOGS

Is a Service Dog Right For You?
Visit vetdogs.org/dispatch to find out.
Service dogs, guide dogs, PTSD service
dog, seizure response dog, hearing dog,
military facility dog. America's VetDogs
can provide world-class training and cus-
tomized service.

Apply Today!
VetDogs.org/Dispatch

RENTALS APARTMENTS

CORONADO - Boutique Apartment Com-
plex. Close to Military base, shopping and
dining. One and Two bedroom avail. 760-
672-3827.

11/1

AVAILABLE NOW!!!

1, 2 or 3 BR's
Apartments, Townhouses
& Houses

MOVE-IN SPECIAL! LEADINGHAM REALTY

1062 Palm Ave., Imperial Beach
619-424-8600

TF

NORTH PARK - 2BR/1BA, 760 sq.ft., newly
remodeled. Nice neighbors \$2500/mo.
619-992-9927.

10/1

OCEANSIDE - 2BR/2BA 2 car parking. Wa-
ter/trash paid. New windows/blinds/flooring.
\$500 off 1st months rent, Military discount
on deposit. \$2595/mo. 858-229-6785.

9/1

RENTALS HOUSES

CAMP PENDLETON - Oceanside & San
Clemente. Liberty Military Housing. Immedi-
ate availability! Leasing to Active-Duty, Re-
servists, Retirees, Bachelors, Veterans, DoD
& Federal Civil Service. 760-430-5000

8/1

Advertise in the Dispatch! 619-280-2985

VOLUNTEER OPPORTUNITY

USS Midway Museum is recruiting volun-
teers for docents, air craft restoration, ship
restoration and safety <https://www.midway.org/contact/volunteer-opportunities>

Navy-Marine Corps Relief Society volunteer
opportunities. Receive training, mentorship,
make a difference in the lives of our active duty
service personnel & family members. 619-
767-6800 or visit <https://www.nmcrs.org/get-involved/volunteer>

USO Volunteers are the heart of the USO
— become one today! Join our team and
support local military service members and
their families in your community. <https://www.uso.org/take-action/volunteer>

**When you really want it,
you are unstoppable.**

WANTED

Wanted RVs - Trailers - Boats



**RUNNING
OR NOT
FREE TOW**

1-800-613-5410



**Dial 988 then
PRESS 1**

HOMES FOR SALE

Time to buy in IB!

PRICE REDUCTIONS:
1012-16 11th St., Duplex, \$1.350M
Unit #1: 4-BD, 2-BA, 2,420 sq.ft.
Unit #2: 3-BD, 2-BA, 1,180 sq.ft.

1250 Connecticut St., \$999K-\$1.059M
3BR/2BA, Full Blown Remodel
Stunning Glass Sunroom, Deck
569 Delaware St., \$1.075M
5BR/3BA, Built in 2018, 2061sqft
Rooftop Deck: Ocean & Bay Views

634 8th St. #8 - \$520K
3BR/2BA 2 Car Garage
Beautifully Remodeled

270 Dahlia Ave #5
Listed at \$650K (Appraised at \$650K)
3BR/2BA Rooftop Deck Ocean View

COMING SOON:

1085 12 St., "F" \$425K
2 BR Condo - 1 Car Garage
Move-In Ready

637 Redlands Pl., Bonita
3 BR/2 BA 2 Car Garage
Remodeled, On a Canyon!

All VA Approved Properties

Listed by *Deborah Vance*

"Deborah Pays for your Appraisal"

Deborah Vance
#1 Realtor in Imperial Beach
since 2019

619-884-8783

Deborah@radiantrealtyca.com
www.DeborahVanceRealty.com

**Applies to buyers represented by
Deborah Vance in a successful close
of escrow. Call for details.
DRE #01817973*

MOVIES AT THE BASES

Movie schedules subject
to change. PLEASE CHECK
THE WEB SITE DAY-OF

MCAS MIRAMAR
<https://miramar.usmc-mccs.org/dining-entertainment/movies>

MCB CAMP PENDLETON
<https://pendleton.usmc-mccs.org/dining-entertainment/theater>

NAS NORTH ISLAND
<https://coronado.navylifsw.com/programs/>
select recreation from top tab
and drop down to movies

NAS NI Lowry Theater Policy

- Outside food and beverage are NOT permitted: Sales from the snack bar support the movie program.
- These Theaters are cashless facilities. Debit and credit cards accepted only.

NBSD 32ND STREET
<https://sandiego.navylifsw.com/>

NBSD Theater
IS NOW OPEN!!!

Welcome back to the newly
renovated theater at Naval
Base San Diego!

We are excited to reopen
our doors Thursday through
Sunday and invite you to en-
joy a refreshed space made
for comfort, entertainment,
community and great mov-
ies. Bring your family, friends
or shipmates and settle in for
a relaxing time in front of the
big screen.



Social Security Matters

Social Security as a child

by Russell Gloor

Obviously, minor children normally aren't working and contribut-
ing to the Social Security program toward their future retirement, but
that doesn't mean Social Security isn't there to protect them.

In real life, there are two main situations where minor children
can collect Social Security benefits based upon a parent's earnings
record – 1) if the parent is living and collecting their personal Social
Security retirement (or disability) benefit, or 2) if a parent is deceased
and was eligible for Social Security benefits.

This is a real life story about minor children who are the surviving
dependents of a parent entitled to (but not necessarily collecting)
Social Security retirement or disability benefits.

Minor Child Benefits from a Deceased Parent: "Three young sisters"

Cheryl and Bernie had three little girls – Jennifer (8); Rebecca (6);
and Danielle (4). Bernie was a corrections officer, and Cheryl was
an Administrative Assistant for a prestigious local law firm. But one
day while battling a bad cold, Cheryl developed a severe, debilitat-
ing headache and went to the local hospital Emergency Room for
treatment. Turned out Cheryl had bacterial meningitis, an infection
which caused her brain to swell, putting her into a deep coma from
which she never recovered. Cheryl succumbed several days later at
only 35 years of age, leaving behind a devastated family, including
her three young daughters.

The trauma was obviously severe for Cheryl's entire family, but
through the dark cloud of the family's loss, Social Security was there.
Although Cheryl had been in the workforce only about a dozen years,
she had been contributing to Social Security from her earnings dur-
ing those years, thus entitling her surviving minor children to Social
Security benefits from Cheryl's earnings record.

As Cheryl's surviving spouse, Bernie contacted the Social Security
Administration and applied for surviving minor child benefits for
each of his girls, which were readily approved after Bernie provided
Cheryl's death certificate and his daughters' Social Security Numbers
to the Agency. And though it could never make up for the loss of their
mother, each of Cheryl's daughters shared a portion of the Social
Security benefit Cheryl had earned up to the day she died.

How much did each of Cheryl's children get? Well, the maximum
benefit available to a surviving minor child is 75% of the deceased
parent's full entitlement, but whenever there are multiple dependents
the Family Maximum applies.[1] Each of Cheryl's children received
an equal portion of Cheryl's personal Family Maximum. And, al-
though each received less than 75% of Cheryl's earned entitlement,
each child collected their share until they were 18 years of age (thus
no longer minors).[2]

Who Received the children's Social Security?

Bernie was appointed Representative Payee for each of his girls
and was obligated to use funds received only for the girls' behalf,
which Bernie chose to do by creating a college ("529 plan") savings
fund for each girl into which each child's Social Security benefits
were deposited.

Jennifer's minor child benefits stopped when she became 18 and,
at that time, Cheryl's Family Maximum was shared only by Rebecca
and Danielle (making each of their payments higher). And when
Rebecca became 18, Danielle received her full 75% of Cheryl's
earned entitlement. Monies accumulated over the years were saved
and used to help fund each girl's college tuition.

As an aside, Bernie – still in his late 30s – was technically entitled
to Social Security "child in care surviving spouse benefits" but could
not collect that benefit because he continued to work full-time.
Further, Bernie claiming child-in-care surviving spousal benefits
would have only detracted from the amount his daughters could
collect because the total amount of benefits paid by Social Security
were limited by the Family Maximum.

The rest of the story

Although SS benefits were paid to Bernie as Representative Payee,
that additional money did not impact Bernie's income tax obligation.
The Social Security money was used for the children's benefit (even
saving it counts), so it is not taxable by the IRS.

*This article is intended for information purposes only and does not
represent legal or financial guidance. It presents the opinions and in-
terpretations of the AMAC Foundation's staff, trained and accredited
by the National Social Security Association (NSSA). NSSA and the
AMAC Foundation and its staff are not affiliated with or endorsed
by the Social Security Administration or any other governmental
entity. To submit a question, visit our website (amacfoundation.org/programs/social-security-advisory) or email us at ssadvisor@amacfoundation.org.*

[1] The "Family Maximum restricts how much can be paid on
one parent's SS record.

[2] Minor children can collect benefits until they are 18 years of
age, or up to 19 if they are still in High School.

BUSINESS & SERVICE DIRECTORY

**Reach military, veterans &
their families in the Dispatch
(619) 280-2985**

FINANCIAL SERVICES

Edward Jones

> edwardjones.com
Member SIPC

**It's never too early
to start saving for
tomorrow. We offer
in-person guidance.**



Caroline Talebi
Financial Advisor

2424 Vista Way Ste 325
Oceanside, CA 92054
760-439-9019

EJB-19325-A-E-0A-1

LIVE WITH LIBERTY

**Find Your Home
Camp Pendleton**
Oceanside & San Clemente

Immediate availability!

Leasing to: Active-Duty,
Reservists, Retirees,
Bachelors, Veterans, DoD &
Federal Civil Service.

760.430.5000
CPENLeasing@LiveLMH.com



MAGIC LESSONS

Be the Life of the Party

Private Magic Lessons

Learn from a 45 year

professional magician

www.magicmikestilwell.com
619-251-2766 (cell)

SOCIAL GROUPS

MISSION VALLEY UFW POST 3787

Service to Veterans, Active Duty and their families
• 4th of July Potluck 1-4pm. Bring dish to share
• Taco Tuesday-2nd Tuesday 4-6:30pm \$10
• Fish/Shrimp Fry-3rd Friday 4:30-7pm \$15-
Full Meal + Dessert. Public Welcome!
(619) 281-0137 • Facebook UFW3787
4370 Twain Ave, San Diego, 92120

URGENT CARE

**Carbon Health
Urgent Care**

Oceanside - Fire Mountain

- Immediate care for illness & injury
- Test & treat cold symptoms, UTIs & STI/STDs
- Workplace health, workers' comp, drug test, DOT physicals & TB tests
- Walk-ins & appointments welcome!
- Accepts: Humana, TRICARE, ChampVA, VA CCN, and more!

2484 Vista Way, #2484A • (442)372-7129
Weekdays: 8am-6pm • Weekend: 8am-4pm

Visit our military museums

The Veterans Museum at Balboa Park. The Veterans Museum
and Memorial Center is a museum located in historic Balboa Park of
San Diego, California. Founded in 1989, it is dedicated to create, main-
tain, and operate an institution to honor and perpetuate the memories
of all men and women who have served in the Armed Forces of the
United States of America. <http://www.veteranmuseum.org/>
Active duty military, Museum Member, Children under 12: Free
Veterans/Seniors: \$4 • Adults: \$5 • Student ID: \$2
2115 Park Blvd, San Diego (Balboa Park) • (619) 239-2300
Hours: Call for current hours (619) 239-2300

MCRD Command Museum & Historical Society. Museum focus-
ing on Marine Corps history from the 19th century to today is also a
research library. <https://www.mcrdmuseum.org/>
Free admission • The Pass and ID Center may issue day passes to visi-
tors who wish to visit the museum and do not posses military ID-call
(619) 524-4200 for information on base access.
1600 Hochmuth Ave, San Diego, 92140 • (619) 524-4426.
Hours: Mon 8am-3pm, Tue-Fri 8-4; Family day 8-5:45; Sat 10:30-5,
• Closed Sunday

USS Midway Museum. The USS Midway Museum is a maritime
museum located in downtown San Diego at Navy Pier. The museum
consists of the aircraft carrier Midway. The ship houses an extensive
collection of aircraft, many of which were built in So Cal.
FREE for children 3 & under and Active Duty military including re-
servists (w/valid ID). Adult \$39 (ages 13+). Youth \$26 (ages 4-12).
Veterans (w/ID) \$26*Must show ID at entrance. Open daily 10-5, last
admission 4pm. <https://www.midway.org/>

The Ranch House Complex at Camp Pendleton. Listed as the
Santa Margarita Ranch House Nat'l Historic Site and as a California
State Historical Landmark. Docent-led tours are available by appoint-
ment; masks required. Please email your request to: MCBCAMPEN_history@usmc.mil or phone (760)725-5758
The Camp Pendleton Historical Society is a 501(c)3 organization in
support of the base's History and Museum's programs. Go to: www.camppendletonhistoricalsociety.org/ for information. Hours: Open Mon-
days 10am-2pm

THANKS FOR READING THE DISPATCH!



by Jan Wagner

Recently UGREEN flew me and other journalists to Foxborough, Mass., for their Smart Living Launch Event at Gillette Stadium — home of the NFL's New England Patriots.

Founded in 2012, UGREEN has grown to become a global-leading consumer technology company. Built around four product categories, namely smart charging and creative products, smart office products, smart audio and visual products, and smart storage products, its business covers over 180 countries and regions, serving more than 300 million users.

Addressing a growing concern among consumers about storing and accessing their private data in the cloud, UGREEN announced that they are moving “AI processing, storage, and device control into the home with its local-first HomeAgent ecosystem, reducing reliance on cloud services, while MagFlow debuts the world’s first liquid-cooled Qi2 25W magnetic power bank.”

As they explained it: This launch marks UGREEN’s AIoT debut and a broader vision for what intelligence in the home should do. Home cameras have traditionally focused on recording risks, while meaningful everyday moments can be overwritten before families recognize their value. HomeAgent is a groundbreaking agentic AI local hub unifying local storage, computing, and control into one device. It is designed to activate household data, provide proactive assistance, and keep users in control

UGREEN smart living launch event - local intelligence for your home

through a trusted local-first architecture.

HomeAgent connects a growing ecosystem of UGREEN AIoT products and compatible third-party devices. The ecosystem includes the UGREEN HomeAgent HA100 and HA100 Pro, UGREEN MasterAgent MA100, UGREEN SynCare Indoor Cam ID500 Pro, UGREEN SynCare PoE Cam OD600 Pro, to name a few.

HomeAgent HA100 combines on-device intelligence with storage, security, and device control in one hub. Users can talk to Uliya and ask her to control supported devices, check live status or event history, and create voice notifications for events such as a package arriving or a baby crying. Files, photos, surveillance footage, and device activity can be stored locally and processed on HomeAgent with no monthly storage fee. Core storage, security, file-management, and smart-home functions can operate on the local network. HomeAgent proactively captures meaningful moments from live footage, identifies highlights in your photo library, automatically creates highlight videos, and displays them for you on Gallery LCD Smart Frames. Local AI recognizes people, vehicles, pets, and packages, surfaces alerts for unusual activity, summarizes events, and enables keyword search across recorded footage. With Matter support, HomeAgent brings compatible smart-home devices together for unified local control. Users can create custom automation scenes and coordinate multiple devices across the home with a single voice request. HomeAgent HA100 Pro supports faster network connectivity and more powerful AI performance. It enables more demanding AI workloads, deeper semantic understanding, voice-based rule creation, context-aware device control, and

advanced recognition.

MasterAgent MA100 goes well beyond the HomeAgent HA100. It is the first agentic AI local hub powered by NVIDIA Jetson Thor T5000. Designed as the central intelligence for an increasingly AI-enabled home, it delivers up to 2,070 FP4 TFLOPS of local computing power to run larger, more capable models, understand richer context and intent, and coordinate multiple devices and tasks. Following the guidance on the developer platform, developers can further expand MasterAgent by creating packages or skills.

“The next chapter of the smart home is not simply about connecting more devices. It is about creating a system that can understand, assist, and act while keeping users in control,” said Marshall Mao, Sales Director for North America at UGREEN. “UGREEN HomeAgent brings that intelligence into the home through a local-first architecture designed around privacy, responsiveness, and a more unified experience.”

UGREEN’s MagFlow Series addresses the problem of heat. Heat is an uncomfortable and potentially damaging byproduct of high-power, fast wireless charging — a problem that I was reminded of when I attached a large powerbank to my iPhone on my flights to this event. MagFlow products include the UGREEN MagFlow Pro Magnetic Power Bank 10000mAh 25W, the world’s first liquid-cooled Qi2 25W magnetic power bank.

At the same time as this new product launch, UGREEN named New England Patriots cornerback Christian Gonzalez its Global Brand Ambassador.

The Meat & Potatoes of Life



by Lisa Smith
Molinari

“I’m not dropping you off here!” my husband Francis proclaimed from the driver’s seat of our minivan, rolling slowly by an aging bungalow with crumbling front steps and a rusty metal pipe handrail. The peeling front door led to an enclosed porch piled with junk and overgrown plants.

“But, this is the right address, Honey. Stop so I can get out, or I’ll be late for my first meeting!” I ordered. I’d found the “Newport Round Table Writer’s Group” online, after our Navy family moved to Rhode Island. I’d been self-syndicating my weekly humor columns for about three years, and heard that writer’s groups can really help authors wanting to write books, so I submitted a request to join and was accepted.

Francis reluctantly parked the van at the curb, and I stepped out. “I’m waiting here until I see who comes to the door,” he said skeptically. I ascended the steep, icy concrete steps and knocked. Soon, a woman with long red hair, ensconced in dark fabrics over a long black skirt opened the door. I wondered if she was a Wiccan.

“Are you Lisa?” she inquired.

“Melinda, right?” I replied, mirroring her smile. I waved off Francis who was peering intently through the windshield, and stepped inside.

The power of showing up, no matter how strange

Melinda led me through the hoarded porch to a low-lit sitting room, where group members sat in an imperfect circle on mismatched dining room chairs and upholstered furniture. Dusty, burgundy draperies hung heavily over the windows. Old lamps sat on various antique side tables, casting an amber glow on the cramped room. Everything was draped with fabric, just like Melinda. Pieces of fringed burgundy jacquard, damask and brocade hung over armrests, hassocks, seat cushions, and lampshades.

The room felt heavy, as if the floor might collapse under us.

Melinda introduced me to the others, about seven in all, who were chatting familiarly with each other. I was offered the last free chair— an antique with a wobbly leg and a lumpy embroidered seat affixed with upholstery tacks. Despite the cheap horror film set before me, I firmly believed that NRT Writer’s Group was legit. It had been active for almost ten years, and many of its members were already published authors. Melinda had sent me the extensive rules for each 8-week session. Writers signed up for reading slots each session, and agreed to give thoughtful critiques to others. NRT strictly adhered to “glass box critiquing” rules which required authors to read 2000-word excerpts aloud, then stay silent while others offered two-minute critiques.

On that first night while Kevin, a friendly engineer with thick white hair and too many political opinions, read an excerpt from his novel, I secretly surveyed the other writers, scribbling notes in my binder.

Over the next four years of NRT sessions in the crowded house on Bedlow Avenue, I also came to know Matt, Melinda’s husband, a graphic novel writer who hated excess commas. Babsi, a quirky designer, was writing an exhaustive memoir. Her husband, Vlad, wrote a cringe-worthy description of his shower routine. Nina wrote but refused to publish three entertaining novels, and became my good friend. Eliza’s gilt-edged vanity novel featured a younger, prettier version of herself. In keeping with her Wiccan style, Melinda penned a popular ghost hunting book.

During my years in NRT, I read my columns about military and family life, read my weekly column pitch to Stars and Stripes, and read the manuscript that would become my book.

Sure, there were tense moments when tempers were lost, tears were shed, and writers stormed out. And after Melinda and Matt announced they were selling the house and moving to Europe, NRT officially disbanded.

Despite it all, I miss that rag-tag, sometimes annoyingly self-indulgent group of writers, and those nights in the dusky, dusty house on Bedlow.

I learned that it’s possible to accomplish your dreams when you have a tribe willing to listen, critique and occasionally tell you that, yes, your comma placement really is terrible. Find your people, pull up a wobbly chair and keep showing up—because sometimes the strangest places are where you’ll discover you’re right where you belong.

El Indio
Mexican Restaurant
and Catering

Family Owned & Operated
Since 1940

**Best Mexican Food
in San Diego**

Free Parking! 10% Military Discount

3695 India Street • www.elindiosandiego.com • 619-299-0333
Open Daily 9am - 8pm

Veterans Helping Veterans

DO YOU HAVE Medicare but your needs have changed?
ARE YOU TURNING 65?
Are you TRICARE or a Veteran using VA Benefits?
ARE YOU A SENIOR?
Do you have Medicare Part A & B?
YES! Then you are **ELIGIBLE** up to Additional **\$223/mo.** added to your **S.S.**

Vince Parra • 619-763-2425
SERVING ALL OF CA. • CA LIC: 0M89123

Struggling to afford your (Life Insurance) premiums?
Secure funds from your Life Insurance Policy Now!
Do Not Let Your Life Ins Policy Lapse
Pre-Plan: FUNERAL OR CREMATION starting at \$40/mo.
Pre-Plans for Military, Civilian, Retired, Seniors

The USS Midway Museum is currently recruiting
for docents, air craft restoration, ship restoration and safety volunteers. These assignments are a regular commitment of at least 6 months.
Groups of 10+ can sign up to volunteer for a day. See details on link below

Visit this page of our website to watch fun videos about our different teams and participants:
<https://www.midway.org/contact/volunteer-opportunities/>

MAIN AUTO REPAIR
“ALL WORK GUARANTEED”

FREE ESTIMATES - Serving Military for Over 25 years

BRAKE SERVICE SPECIAL from \$140 Per Axle, Parts & Labor included. Most Cars Standard Brake Packages	A/C Service \$95	Body Work and Paint	CLUTCH \$319 Most Cars. Parts & Labor included. Includes: Pressure plate and disc. Adjustment, New throw out bearing. Pilot bearing. Inspect flywheel
TIMING BELT SPECIAL from \$199 Most Cars. Parts & Labor included	CV JOINT AXLE from \$220 Most Cars. Parts & Labor included	FUEL INJECTION SERVICE from \$89 Most Cars. Parts & Labor included	

3714 Main Street, San Diego • 619-238-4385

SoCalTruck.com
ACCESSORIES & EQUIPMENT
**10460 Mission Gorge Rd.
Santee, CA 92071**
619-749-0742
Work Smarter, Play Harder!

• **Truck Bed Covers • Camper Shells**
• **Side Steps • Truck Racks**
• **Tool Boxes • Fuel Tanks**
• **Carpet Kits • Tow Hitches**

MILITARY DISCOUNT
Get \$25 off \$300 or more with this ad

Spray on Bedliners



**PROUD PARTNER
OF THE
PADRES**

Grab home-field advantage
on your VA mortgage.

MOHAMED TAWY

☎ 619-599-5643
✉ mohamed.tawy@rate.com
🌐 thetawyteam.com

HOME LOANS | REFINANCE | HOME EQUITY

Hit a home run on your VA home loan

The Tawy Team is here to help you win at homeownership. Whether you're a first-time homebuyer, upgrading, refinancing or planning your next move, we've got your back in every inning.

Covering all the bases in home financing!